



The Big Plant 2020

West Norfolk Trees of Hope is a **Churches Together in King's Lynn** initiative to encourage large-scale tree planting as a natural way to remove carbon from the atmosphere and reduce global warming.

In addition to making big cuts in our emissions we need to remove billions of tons of carbon from the atmosphere.

The good news is that trees offer a natural solution. Over its lifetime a tree can absorb nearly 500kg of carbon, so planting and preserving trees on a global scale can make a tremendous difference.

Our vision is an ongoing initiative of tree planting beginning on **Saturday 22nd February** with **The Big Plant**, a project to plant 500 trees at King's Reach, in partnership with the Borough Council.

Join us in planting at least one tree for each member of our churches – and, of course, the project is open to the wider community!

To get involved:

Follow us on Facebook

@westnorfolktreesofhope

'Like' the page and be kept up to speed on what's happening

Donate

£5 will fund 2 small trees ("whips") with guards

£10 = 4 whips

£50 = 20+ whips

Cheques to *King's Lynn Churches Together* marked 'Trees of Hope' on the back (given to your church leader) or donate online via Facebook

Join us at The Big Plant! Planting "whips" is light work! Meet on **Anthony Nolan Road**, (just beyond Fairstead) PE30 4GD, between **9.30am and 3pm**. Bring a spade if you can and we'll provide the trees and the hot chocolate!

Email: treesofhope@gmail.com

Telephone Daphne 07914 454816 with any queries



*celebrating food
that's kind to the planet*

Pancake
Day

FEAST!

25th February 2020, 6pm
at St John's Church, King's Lynn

Churches Together in King's Lynn is running **"Nourishing Hope"**
- a project to help us all to enjoy eating in ways that help the planet.

Again and again evidence shows that the most effective way to reduce our carbon footprint is to eat a more plant-based diet.

This doesn't mean never eating the animal products we may love – but, with so many delicious plants out there, we can take pleasure in changing the balance of our diets and do our bit to tackle the climate crisis at the same time.

We're launching the project with a **Pancake Day Feast** – asking how many different things can you put in a pancake to make a nourishing main meal without using meat?

Bring pancakes and fillings for everybody to try! Or just turn up and get fed! Please use the reply slip opposite to let us know you're coming (return the slip to your church leader).

Name: _____

Church: _____

Phone No: _____

Please tick:

I'm coming on 25th!

I'm bringing ___ pancakes

I'm bringing these toppings:

I'm just bringing myself!